Publications from the Mills Longitudinal Study, 1965–present

Helson, R., (1965). Childhood interest clusters related to creativity in women. *Journal of Consulting Psychology, 29,* 352–361.

Helson, R. (1966). Personality of women with imaginative and artistic interests: The role of masculinity, originality and other characteristics in their creativity. *Journal of Personality*, *34*, 1–25.

Helson, R. (1966). Narrowness in creative women. *Psychological Reports*, *19*, 618.

Helson, R. (1967). Personality characteristics and developmental history of creative college women. *Genetic Psychologic Monographs*, *76*, 205–156.

Helson, R. (1968). Generality of sex differences in creative style. *Journal of Personality*, *38*, 33–48.

Helson, R. (1968). Effects of sibling characteristics and parental values on creative interest and achievement. *Journal of Personality*, *36*, 589–607.

Helson, R. (1983). Where do they go from here? *Mills Quarterly*, February, 1–13.

Helson, R., Mitchell, V., & Moane, G. (1984). Personality and patterns of adherence and non-adherence to the social clock. *Journal of Personality and Social Psychology*, *46*, 1079–1096.

Helson, R. (1985). Which of those young women with creative potential became productive? Personality in college and characteristics of parents. In R. Hogan & W. Jones (Eds.), *Perspectives in personality: Theory, measurement and interpersonal dynamics* (Vol. 2, pp. 49–80). Greenwich, CT: JAI Press, Inc.

Helson, R., Mitchell, V., & Hart, B. (1985). Lives of women who became autonomous. *Journal of Personality*, *53*, 257–258.

Hornstein, G. (1986). The structuring of identity among midlife women as a function of their degree of involvement in employment. *Journal of Personality*, *54*, 551–575.

Helson, R. (1987). Which of those young women with creative potential became productive? II. College graduation to midlife. In R. Hogan & W. Jones (Eds.), *Perspectives in personality: Theory, measurement and interpersonal dynamics* (Vol. 2, pp. 51–92). Greenwich, CT: JAI Press, Inc.

Helson, R., & Moane, G. (1987). Personality change in women from college to midlife. *Journal of Personality and Social Psychology*, *53*, 176–186.

Helson, R., & Wink, P. (1987). Two conceptions of maturity examined in the findings of a longitudinal study. *Journal of Personality and Social Psychology*, *53*, 531–541.

Picano, J. (1987). Automatic ogive scoring rules for the short form of the Sentence Completion Test of ego development. *Journal of Clinical Psychology*, *43*, 119–122.

Helson, R., Elliot, T., & Leigh, J. (1989). Adolescent personality and women's work patterns. In D. Eichorn & D. Stern (Eds.), *Adolescence and work: Influences of social structure, labor markets, and culture* (pp. 259–289). Hillsdale, NJ: Erlbaum.

Mitchell, V. (1989). Using Kohut's self psychology in work with Lesbian couples. *Women and Therapy*, *8*, 157–166.

Publications from the Mills Longitudinal Study, 1965–present

Picano, J. (1989). Development and validation of a life history index of adult adjustment for women. *Journal of Personality and Assessment*, *53*, 308–318.

Helson, R., (1990). Creativity in women: Outer and inner views over time. In M.A. Runco & R. S. Albert (Eds.), *Theories of creativity* (pp. 46–58). Newbury Park, CA: Sage.

Helson, R., Elliot, T., & Leigh, J. (1990). Number and quality of roles: A longitudinal personality view. *Psychology of Women Quarterly*, *14*, 83–101.

Helson, R., & Picano, J. (1990). Is the traditional role bad for women? *Journal of Personality and Social Psychology*, *59*, 311–320.

Mitchell, V., & Helson, R. (1990). Women's prime of life: Is it the 50s? *Psychology of Women Quarterly*, *14*, 451–470.

Wink, P. (1991). Self and object-directedness in adult women. *Journal of Personality*, *59*, 769–791.

Helson, R. (1992). Women's difficult times and the rewriting of the life story. *Psychology of Women Quarterly*, *16*, 331–347.

Helson, R. & Roberts, B. W. (1992). Personality of young adult couples and women's work patterns. *Journal of Personality*, *60*, 575–597.

Helson, R., & Wink, P. (1992). Personality change in women from the early 40s to early 50s. *Psychology and Aging*, *7*, 46–55.

Wink, P. (1992). Three narcissism scales for the California Q-sort. *Journal of Personality Assessment*, *58*, 51–66.

Wink, P. (1992). Three types of narcissism in women from college to midlife. *Journal of Personality*, *60*, 7–29.

York, K. L., & John, O. P. (1992). The four faces of Eve: A typological analysis of women's personality at midlife. *Journal of Personality and Social Psychology*, *63*, 494–508.

Donahue, E. M., Robins, R. W, Roberts, B. W., & John, O. P. (1993). The divided self: Concurrent and longitudinal effects of psychological adjustment and social roles on self-concept differentiation. *Journal of Personality and Social Psychology*, *64*, 834–846.

Helson, R. (1993). Comparing longitudinal studies of adult development: Towards a paradigm of tension between stability and change. In D. Funder, R. Parke, C. Tomlinson-Keasey, & K. Widaman (Eds.), *Studying lives through time* (pp. 93–119). Washington, D. C.: American Psychological Association.

Helson, R. (1993). The Mills classes of 1958 and 1960: College in the fifties, young adulthood in the sixties. In K. D. Hulbert & D. T. Schuster (Eds.), *Women's lives through time* (pp. 190–210). San Francisco: Jossey-Bass.

Helson, R. (1993). Puzzling over the paradoxes of Caspi and Moffitt. *Psychological Inquiry*, *4*, 287–289.

Publications from the Mills Longitudinal Study, 1965–present

Wink, P., & Helson, R. (1993). Personality change in women and their partners. *Journal of Personality and Social Psychology*, *65*, 597–605.

Adams, S. (1994). The role of hostility in women's health during middle age. *Journal of Health Psychology*, *13*, 488–495.

Helson, R., & McCabe, L. (1994). The social clock in middle age. In B. Turner & L. Troll (Eds.), *Growing older female: Theoretical perspectives in the psychology of aging*, (pp. 68–930). Newbury Park, CA: Sage.

Helson, R., & Roberts, B. W. (1994). Ego development and personality change in adulthood. *Journal of Personality and Social Psychology*, *66*, 911–920.

Helson, R., & Stewart, A. J. (1994). Personality change in adulthood. In T. Heatherton & J. Weinberger (Eds.), *Can personality change?* (pp. 201–225). Washington, D.C.: American Psychological Association.

Roberts, B. W., & Donahue, E. M. (1994). One personality, multiple selves: Integrating personality and social roles. *Journal of Personality*, *62*, 199–218.

Duncan, L.E. & Agronick, G.S. (1995). The intersection of life stage and social events: Personality and life outcomes. *Journal of Personality and Social Psychology*, *69*, 558–568.

Helson, R., Roberts, B. W., & Agronick, G. S. (1995). Enduringness and change in creative personality and the prediction of occupational creativity. *Journal of Personality and Social Psychology*, *69*, 1173–1183.

Helson, R., Stewart, A. J., & Ostrove, J. (1995). Identity in three cohorts of midlife women. *Journal of Personality and Social Psychology*, *69*, 544–557.

Peterson, B. E., & Klohnen, E. C. (1995). Realization of generativity in two samples of women at midlife. *Psychology and Aging*, *10*, 20–29.

Wink, P., & Donahue, K. (1995). Implications of college-age narcissism for psychological functioning at midlife. *Journal of Adult Development*, *2*, 73–85.

Agronick, G. S., & Helson, R. (1996). Who benefits from an examined life? Correlates of influence attributed to participation in a longitudinal study. In R. Josselson (Ed.), *The narrative study of lives* (Vol. 4, pp. 80–93). Thousand Oaks, CA.

Harker, L., & Solomon, M. (1996). Change in goals and values of men and women from early to mature adulthood. *Journal of Adult Development*, *3*, 133–143.

Helson, R. (1996). In search of the creative personality. *Creativity Research Journal*, *9,* 295–306.

Helson, R. (1996). Personality change in women and their adult development. *Polish Quarterly of Developmental Psychology*, *2*, 269–273.

Helson, R., & Wink, P. (1996). Originality and complexity in college women: Personality, attitudinal, and life correlates over thirty years. In A. Montuori (Ed.), *Unusual associates: Essays in honor of Frank Barron*, (pp.102–122). Cresskill, N. J.: Hampton Press.

Publications from the Mills Longitudinal Study, 1965–present

Klohnen, E. C. (1996). Conceptual analysis and measurement of the construct of ego-resiliency. *Journal of Personality and Social Psychology*, *70*, 1067–1079.

Klohnen, E. C., Vanderwater, E. A., & Young, A. (1996). Negotiating the middle years: Ego resiliency and successful midlife adjustment in women. *Psychology and Aging*, *11,* 431–442.

Wink, P. (1996). Narcissism. In C. G. Costello (Ed.), *Personality characteristics of the personality disordered*, (pp. 146–172). New York: Wiley.

Wink, P. (1996). Transition from the early 40s to the early 50s in self-directed women. *Journal of Personality*, *64*, 49–69.

Adams, S. H., & John, O. P. (1997). A hostility scale for the California Psychological Inventory: MMPI, Observer Q Sort, and Big Five correlates. *Journal of Personality Assessment*, *69*, 408–424.

Helson, R. (1997). Ego identity and trajectories of productivity in women with creative potential. In C. Adams-Price (Ed.), *Creativity and successful aging* (pp. 153–174). New York: Springer.

Helson, R. (1997). The self in middle age. In M. E. Lachman & J. B. James (Eds.), *Multiple paths of midlife development* (pp.21–43). Chicago: University of Chicago Press.

Helson, R., Pals, J., & Solomon, M. (1997). Is there adult development distinctive to women? In R. Hogan, J. Johnson, & S. Briggs (Eds.), *Handbook of personality psychology,* (pp.293–314). San Diego, CA: Academic Press.

Roberts, B. W. (1997). Plaster or plasticity: Are work experiences associated with personality change in women? *Journal of Personality*, *65,* 205–232.

Roberts, B. W., & Helson, R. (1997). Changes in culture, changes in personality: The influence of individualism in a longitudinal study of women. *Journal of Personality and Social Psychology*, *72*, 641–651.

Wink, P., & Helson, R. (1997). Practical and transcendent wisdom: Their nature and some longitudinal findings. *Journal of Adult Development*, *4*, 1–15.

Adams, S.H., Cartwright, L.K., Ostrove, J.M., Stewart, A.J., & Wink, P. (1998). Psychological predictors of good health in three longitudinal samples of educated midlife women. *Health Psychology*, *17*, 412–420.

Agronick, G.S., & Duncan, L.E. (1998). Personality and social change: Individual differences, life path, and importance of the women's movement. *Journal of Personality and Social Psychology*, *74*, 1545–1555.

Helson, R., & Klohnen, E.C. (1998). Affective coloring of personality from young adulthood to midlife. *Personality and Social Psychology Bulletin*, *24*, 241–252.

John, O.P., Pals, J.L., & Westenberg, M. (1998). Personality prototypes and ego development: Conceptual similarities and relations in adult women. *Journal of Personality and Social Psychology*, *74*, 1093–1108.

Publications from the Mills Longitudinal Study, 1965–present

Klohnen, E.C., & Bera, S. (1998). Behavioral and experiential patterns of avoidantly and securely attached women across adulthood: A 30-year longitudinal perspective. *Journal of Personality and Social Psychology*, *74*, 211–223.

Klohnen, E.C., & John, O.P. (1998). Working models of attachment: A theory-based prototype approach. In J.A. Simpson & W. S. Rholes (Eds.), *Attachment theory and close relationships* (pp 115–140). New York: Guilford.

Pals, J.L., & John, O.P. (1998). How are dimensions of adult personality related to ego development? An application of the typological approach. In P.M. Westenberg, L. Cohn, & A. Blasi (Eds.), *Personality development: Contributions of Jane Loevinger's ego development theory* (pp.113–131). Hillsdale, NJ: Lawrence Erlbaum.

Roberts, B. W., & Friend, W. (1998). Career momentum in midlife women: Life context, identity, and personality correlates. *Journal of Occupational Health Psychology*, *3*, 195–208.

Winter, D., John, O.P., Stewart, A.J., Klohnen, E.C., & Duncan, L. (1998). Traits and motives: Toward an integration of two traditions in personality research. *Psychological Review*, *105*, 230–250.

Helson, R. (1999). A longitudinal study of creative personality in women. *Creativity Research Journal, 12*, 89–101.

Pals, J.L. (1999). Identity consolidation in early adulthood: Relations with ego resiliency, the context of marriage, and personality change. *Journal of Personality*, *67*, 295–329.

Helson, R. (2000). Personality development: Adulthood and aging. *Encyclopedia of Psychology, 6*, 116–120. Washington, D.C.: APA Books.

Helson, R. (2000). Psychopathology and creativity in a normal sample of advantaged women. *Bulletin of Psychology and the Arts, 1*, 65–66.

Helson, R. & Kwan, V.S.Y. (2000). Personality change in adulthood: The big picture and processes in one longitudinal study. In S. E. Hampton (ed.), *Advances in personality psychology*, Vol. 1. (pp 77–106). Hove, England: Psychology Press.

Helson, R., & Pals, J.L. (2000). Creative potential, creative achievement and personal growth. *Journal of Personality*, *68*, 1–27.

Roberts, B.W., & Chapman, C.N. (2000). Role quality and changes in dispositional well-being: A longitudinal study using growth modeling. *Journal of Research in Personality, 34*, 26–41.

Solomon, M.F. (2000). The fruits of their labors: A longitudinal exploration of parent personality and adjustment in their adult children. *Journal of Personality*, *68*, 281–308.

Harker, L., & Keltner, D. (2001). Expression of positive emotion in women's college yearbook pictures and their relation to personality and life outcomes across adulthood. *Journal of Personality and Social Psychology, 80*, 112–124.

Helson, R. (2001). The Mills Longitudinal Study: Following the lives of Mills women for forty years and more. *Mills Quarterly*, Fall, pp. 18 ff.

Publications from the Mills Longitudinal Study, 1965–present

Stewart, A.J., Ostrove, J., & Helson, R. (2001). Middle aging in women: Patterns of personality change from the 30s to the 50s. *Journal of Adult Development*, *8*, 23–37.

Helson, R., & Srivastava, S. (2001). Three paths of adult development: Conservers, Seekers, and Achievers. *Journal of Personality and Social Psychology*, *80*, 995–1010.

Paris, R., & Bradley, C. (2001). Three narratives of alcohol dependence, recovery, and adult development. *Qualitative Health Research*.

Helson, R., Jones, C.J., & Kwan, V.S.Y. (2002). Personality change over 40 years of adulthood: HLM analyses of two longitudinal samples. *Journal of Personality and Social Psychology*, *83*, 752–766.

Helson, R., Kwan, V.S.Y., John, O.J., & Jones, C.J. (2002). The growing evidence for personality change in adulthood: Findings from research with inventories. *Journal of Research in Personality*, *36*, 287–306.

Helson, R., & Srivastava, S. (2002). Creative and wise people: Similarities, differences, and how they develop. *Personality and Social Psychology Bulletin*, *28*, 1430–1440.

Paris, R., & Helson, R. (2002). Early mothering experience and personality change. *Journal of Family Psychology*, *16*, 172–185.

Roberts, B.W., Helson, R., & Klohnen, E.C. (2002). Personality development and growth in women across 30 years: Three perspectives. *Journal of Personality*, *70*, 79–102.

Gross, J.J., & John, O.P. (2003). Individual differences in two emotional regulation processes: Implications for affect, relationships, and well-being. *Journal of Personality and Social Psychology*, *85*, 348–362.

Jay, M., & John, O.P. (2004). A depressive symptom scale for the California Psychological Inventory: Construct validation of the CPI-D. *Psychological Assessment*, *16*, 299–309.

John, O.P., & Gross, J.J. (2004). Healthy and unhealthy emotion regulation: Personality processes, individual differences, and life-span development. *Journal of Personality, 23*, 1301–1333.

Roberts, B.W., & Bogg, T. (2004). A 30-year longitudinal study of the relationships between conscientiousness-related traits and the social-environmental factors and substance-use behaviors that influence health. *Journal of Personality*, *72*, 325–354.

Helson, R., & Soto, C.J. (2005). Up and down in middle age: Monotonic and non-monotonic change in roles and personality. *Journal of Personality and Social Psychology*, *89*, 194-204.

Helson, R., & Cate, R.A. (2006). Late middle Age: Transition to the Third Age. In J.B. James & P. Wink (Eds.), *The crown of life: dynamics of the early post-retirement period* (*Annual Review of Gerontology and Geriatrics*, *26*) (pp. 83-101). New York: Springer.

Helson, R., Soto, C.J., & Cate, R.A. (2006). From young adulthood through the middle ages. In D.K. Mroczek & T. Little (Eds.), *Handbook of Personality Development* (pp. 337-352). Mahwah, NJ: Lawrence Erlbaum.

Publications from the Mills Longitudinal Study, 1965–present

Pals, J.L. (2006). Narrative identity processing of difficult life experiences: Pathways of personality development and positive self-transformation in adulthood. *Journal of Personality, 74,* 1079-1109.

Cate, R., & John, O.P. (2007). Testing models of the structure and development of future time perspective; Maintaining a focus on opportunities in middle age. *Psychology and Aging, 22,* 186-201.

Jay, M. (2007). Melancholy femininity, obsessive-compulsive masculinity: Sex differences in melancholy gender. *Studies in Gender and Sexuality, 8,* 115-135.

Jay, M. (2007). Straw men, straight women, and the role of ambivalence in melancholy gender: Reply to Balsam and Salamon. *Studies in Gender and Sexuality, 8,* 165-175.

Jay, M. (2007). Individual differences in melancholy gender: Does ambivalence matter? *Journal of the American Psychoanalytic Association, 55,* 1279-1320.

Kwan, V. S.Y., John, O. P., & Thein, S. M. (2007). Broadening the research on self-esteem: A new scale for Longitudinal Studies. *Self and Identity, 6,* 20-40.

Mitchell, V. (2007). Earning a secure attachment style: A narrative of personality change in midlife. In R. Josselson, A. Lieblich, & D.P. McAdams (Eds.), *The meaning of others: Narrative studies of relationships* (pp. 93-116). Washington, D.C.: APA Books.

Gonyea, J.G., Paris, R., & de Saxe Zerden, L. (2008). Adult daughters and aging mothers: The role of guilt in the experience of caregiver burden. *Aging and Mental Health, 12,* 559-567.

Gorchoff, S., Helson R., & John O.P. (2008). Contextualizing Change in Marital Satisfaction During Middle Age: An 18-Year Longitudinal Study. *Psychological Science, Volume 19, 11,* 1194-1200.

Helson R. (2008). One surprise after another. *Journal of Personality Assessment, 90,* 205-214.

Helson, R., George, L., & John, O.P. (2009). Challenge episodes over middle age: A person-centered study of aging well in poor health. *Journal of Research in Personality, 43,* 323-334.

John, O.P., & Soto, C.J. (2009). Using the California Psychological Inventory to assess the Big Five personality domains: A hierarchical approach. *Journal of Research in Personality, 43,* 25-38.

Impett, E.A., English, T., and John, O.P. (2011). Women's emotions during interactions with their grown children in later adulthood: The moderating role of attachment avoidance. *Social Psychological and Personality Science, 2,* 1, 42-50.

George, L., Helson, R., & John, O.P. (2011). The "CEO" of women's work lives: How Big Five Conscientiousness, Extraversion, and Openness predict 50 years of work experiences in a changing socio-cultural context. *Journal of Personality and Social Psychology, 101,* 4, 812-830.